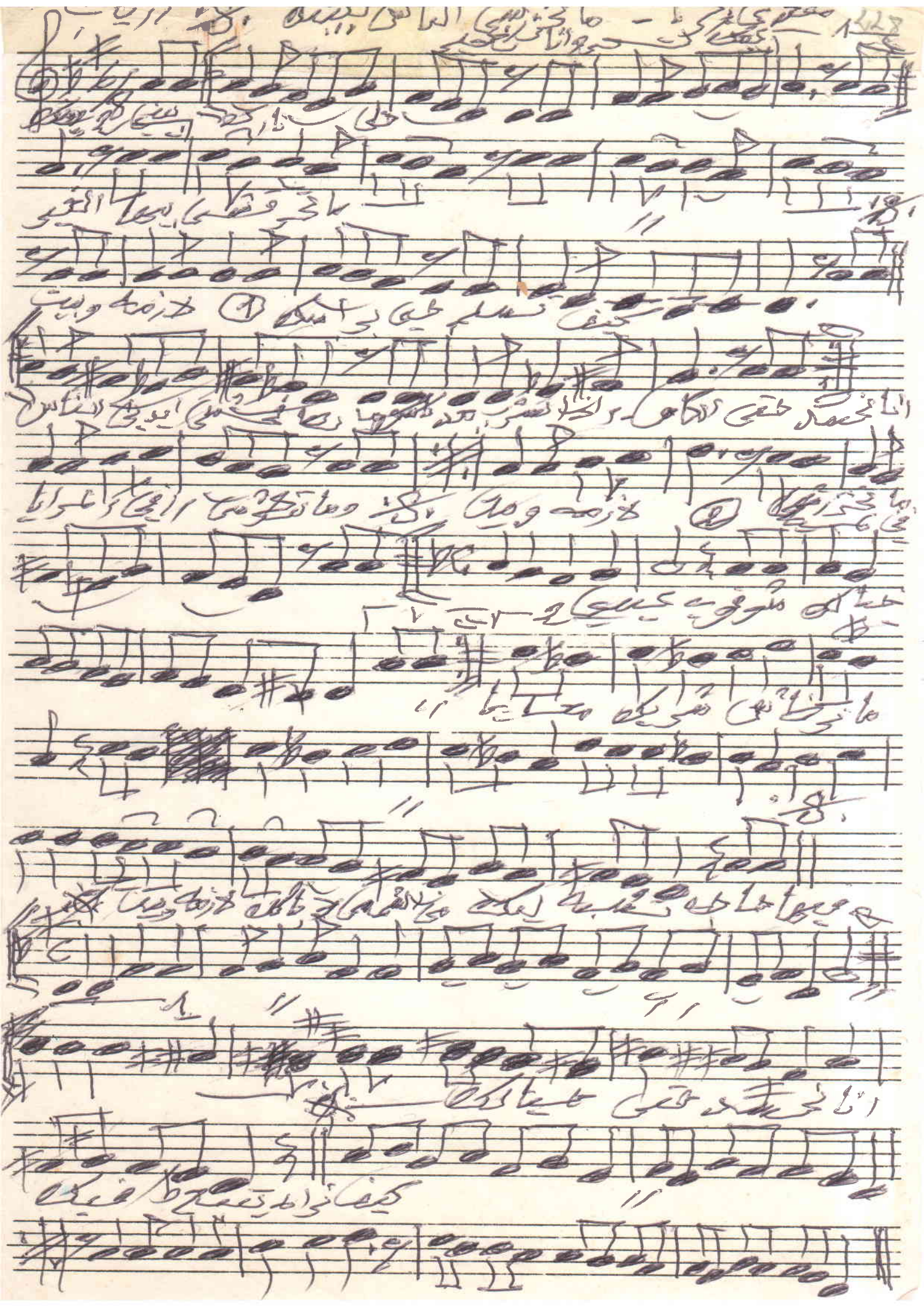

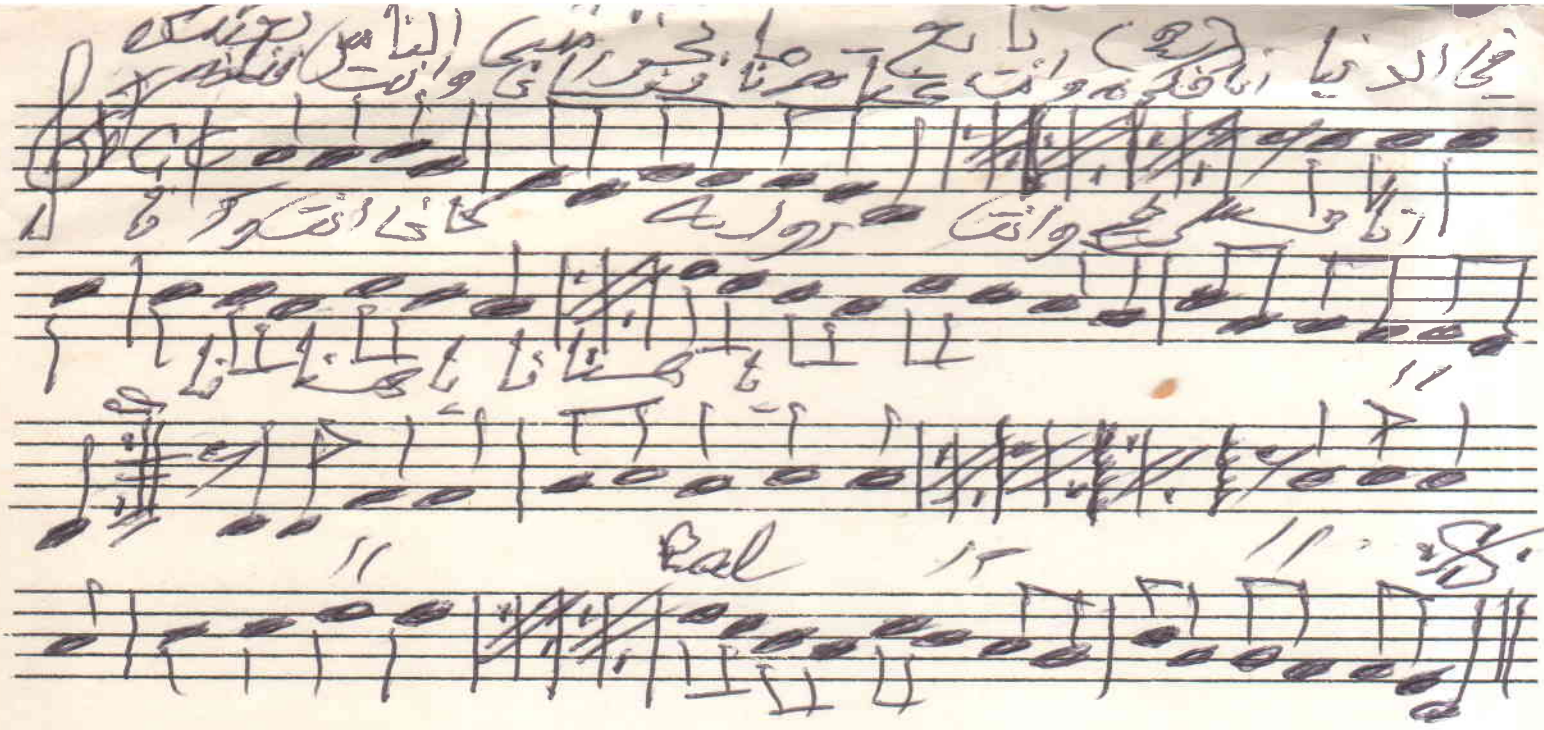
Ral